

Appetisers

1. **Wing Sing Mixed Appetisers (For Two)** £19.00
(Crispy Seaweed, Spare Ribs, Sesame Prawn on Toast
Mini Vegetable Spring Rolls, Satay Chicken on Skewers)
2. **Meat Spring Roll** £2.80
3. **Prawn Crackers** £2.80
4. **Mini Vegetable Spring Rolls (6) V** £3.60
(with Sweet Chilli Sauce)
5. **Crispy Seaweed** £4.70
(with Ground Fried Fish)
7. **Vietnamese Pork Spring Rolls (4)** £5.80
(with Lettuce & Fish Sauce)
8. **Sesame Prawn on Toast** £5.80
9. **'Wor Tip' - Pan-fried Chicken Dumplings (6)** £6.00
10. **Satay Tofu on Skewers (4) V** £6.00
11. **Satay Beef on Skewers (4)** £7.00
12. **Satay Chicken on Skewers (4)** £7.00
13. **Deep-fried Chicken in Breadcrumbs** £7.00
14. **'Siu Yuk' - Crispy Roasted Pork Belly** £9.00
(with Hoi Sin Sauce)
15. **Spare Ribs (Dry)** £8.50
16. **Spare Ribs in Barbecue Sauce** £8.50
17. **Spare Ribs in Peking Sauce** £8.50
- 17a. **Spare Ribs in Sweet & Sour Sauce** £8.50
18. **Deep-fried King Prawns in Breadcrumbs** £8.50
19. **Satay King Prawns on Skewers (4)** £8.50

Deep-fried Salt & Pepper Dishes

- 19a. **Salt & Pepper Special** £19.00
(Chips, King Prawns, Shredded Chicken &
Spare Ribs, with Curry Sauce)
20. **Salt & Pepper Soft Shell Crab** £16.00
21. **Salt & Pepper Shredded Chicken,
King Prawns & Squid** £8.50
22. **Salt & Pepper King Prawns & Squid** £8.50
23. **Salt & Pepper King Prawns** £8.50
24. **Salt & Pepper Squid** £8.50
25. **Salt & Pepper Spare Ribs** £8.50
26. **Salt & Pepper Shredded Chicken** £7.00
27. **Salt & Pepper Chicken Wings** £7.00
28. **Salt & Pepper Pork** £7.00
- 28a. **Salt & Pepper Pork Chops** £9.00

29. **Salt & Pepper Aubergine V** £6.00
30. **Salt & Pepper French Beans V** £6.00
31. **Salt & Pepper Tofu V** £6.00

Soup

32. **Mixed Vegetables Soup V** £3.60
33. **Chicken & Mushroom Soup** £3.60
34. **Chicken & Noodle Soup** £3.60
35. **Chicken & Sweetcorn Soup** £4.00
36. **Crab Meat & Sweetcorn Soup** £4.40
37. **Hot & Sour Soup** £4.40
38. **Wonton Soup** £4.40
- 38a. **Wonton Noodle Soup (Large)** £10.00

Wrap & Roll

39. **Crispy Aromatic Duck**
(Served with Pancakes, Cucumber,
Spring Onions & Hoi Sin Sauce)
Quarter £12.50
Half £24.00
40. **Crispy Mongolian Lamb** £12.50
(Served with Lettuce & Plum Sauce)
41. **Extra Pancakes (6)** £2.60

Sweet & Sour Dishes

42. **Sweet & Sour King Prawn Balls (8)** £8.50
43. **Sweet & Sour King Prawns
(Hong Kong Style)** £8.50
44. **Sweet & Sour Spare Ribs
(Hong Kong Style)** £8.50
45. **Sweet & Sour Chicken Balls (8)** £7.00
46. **Sweet & Sour Chicken
(Hong Kong Style)** £7.00
47. **Sweet & Sour Pork Balls (10)** £7.00
48. **Sweet & Sour Pork (Hong Kong Style)** £7.00
49. **Sweet & Sour Mixed Vegetables
(Hong Kong Style) V** £6.00
50. **Sweet & Sour Tofu
(Hong Kong Style) V** £6.00

Main Dishes

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| Beef, Chicken or Roast Pork | £7.00 |
| Roast Duck or Lamb | £8.50 |
| King Prawns or Squid | £8.50 |
| Mixed Seafood or Scallops | £10.00 |
| Mixed Vegetables or Tofu V | £6.00 |
| House Special
(Beef, Chicken, Roast Pork & King Prawns) | £8.50 |

Choose one of the above
cooked with one of the below
Beef & No. 51 -
Beef in Black Pepper Sauce £7.00

51. **Black Pepper Sauce**
52. **Broccoli in Garlic or Oyster Sauce**
53. **Cashew Nuts with Mixed Vegetables**
54. **Hot Chilli Sauce**
55. **Chilli Bean Sauce**
56. **Stir-fried with Chinese Mushrooms &
Bamboo Shoots**
57. **Garlic Sauce**
58. **Stir-fried with Ginger & Spring Onions**
59. **Green Pepper in Black Bean Sauce**
60. **Kung Po Sauce**
61. **Malaysian Satay Sauce**
62. **Stir-fried with Mixed Vegetables**
63. **Stir-fried with Mushrooms**
64. **Oyster Sauce**
65. **Stir-fried with Pineapple**
66. **Szechuan Sauce**
67. **Thai Green Curry**
68. **Thai Red Curry**
69. **Thai Sweet Chilli Sauce**
70. **Stir-fried with Tomatoes**

71. **Cantonese Style**
Chicken or Roast Pork £7.00
Roast Duck £8.50
72. **Curry**
Beef, Chicken or Roast Pork £7.00
Roast Duck or Lamb £8.50
King Prawns or Squid £8.50
Mixed Seafood or Scallops £10.00
Mixed Vegetables or Tofu V £6.00
House Special £8.50
(Beef, Chicken, Roast Pork & King Prawns)
73. **Cashew Nuts in Yellow Bean Sauce**
Chicken £7.00
King Prawns £8.50
Mixed Vegetables or Tofu V £6.00
74. **Stir-fried with Pak Choi in Garlic or
Oyster Sauce**
Beef, Chicken or Roast Pork £7.20
Roast Duck or Lamb £8.70
King Prawns or Squid £8.70
Mixed Seafood or Scallops £10.20
Mixed Vegetables or Tofu V £6.20
House Special £8.70
(Beef, Chicken, Roast Pork & King Prawns)
75. **Fillet Steak in Black Pepper Sauce or
Peking Sauce** £12.00
76. **Omelette (Foo Yung)**
Beef, Chicken or Roast Pork £7.00
Roast Duck or Lamb £8.50
King Prawns or Squid £8.50
Mixed Seafood or Scallops £10.00
Mixed Vegetables or Tofu V £6.00
Special (Chicken, Roast Pork & Shrimp) £7.00
77. **Chicken with Lemon Sauce** £7.00
78. **Chicken Peking Style** £7.00
79. **Deep-fried Shredded Chicken with Chilli** £7.00
80. **Deep-fried Shredded Beef with Chilli** £7.00

Chilli V Suitable for Vegetarians Contains Nuts

All prices are inclusive of VAT

Noodles (Large)

80a. Wing Sing Special Ho Fun (Beef, Chicken, Roast Pork, King Prawns & Vegetables in Sauce with Flat Rice Noodles)	£9.00
80b. Beef Ho Fun (Dry)	£8.20
81. Wing Sing Special Noodles (Beef, Chicken, Roast Pork, King Prawns & Vegetables in Sauce with Thin Noodles)	£8.20
82. Shredded Roast Duck Chow Mein	£8.50
83. King Prawn Chow Mein	£8.50
84. Singapore Chow Mein 🍴	£6.70
85. Singapore Rice Noodles 🍴	£6.70
86. Beef Chow Mein	£6.50
87. Chicken Chow Mein	£6.50
88. Roast Pork Chow Mein	£6.50
89. Special Chow Mein	£6.50
90. Mixed Veg. Singapore Chow Mein 🍴	£6.00
91. Mixed Veg. Singapore Rice Noodles 🍴	£6.00
92. Mixed Vegetables Chow Mein 🍴	£5.80
93. Mushroom Chow Mein 🍴	£5.80
94. Plain Chow Mein with Beansprouts 🍴	£5.00

Rice (Large)

95. Wing Sing Special Rice (Beef, Chicken, Roast Pork, King Prawns & Vegetables in Sauce with Egg Fried Rice)	£8.20
95a. Sliced Roast Duck with Egg Fried Rice (with Chinese Leaf & Barbecue Sauce)	£10.00
96. Shredded Roast Duck Fried Rice	£8.50
97. King Prawn Fried Rice	£8.50
98. Singapore Fried Rice 🍴	£6.70
99. Beef Fried Rice	£6.50
100. Chicken Fried Rice	£6.50
101. Roast Pork Fried Rice	£6.50
102. Special Fried Rice	£6.50
103. Mixed Veg. Singapore Fried Rice 🍴	£6.00
104. Mixed Vegetables Fried Rice 🍴	£5.80
105. Mushroom Fried Rice 🍴	£5.80
106. Egg Fried Rice 🍴	£4.80
107. Boiled Rice (Small) 🍴	£4.30

Vegetarian Dishes V

108. Stir-fried Beansprouts	£5.00
109. Stir-fried Chinese Mushrooms & Bamboo Shoots	£5.30
110. Stir-fried Mixed Vegetables	£5.30
111. Stir-fried Mushrooms	£5.30
112. Stir-fried French Beans & Mangetout in Garlic Sauce	£6.00
113. Sea-spiced Aubergine 🍴	£6.00
114. Stir-fried Broccoli in Garlic or Oyster Sauce	£6.00
115. Stir-fried Pak Choi in Garlic or Oyster Sauce	£6.50

Extras

116. Chips	£3.00
116a. Salt & Pepper Chips 🍴	£3.70
117. Barbecue Sauce	£2.40
117a. Chilli Oil 🍴	£2.40
118. Curry Sauce 🍴	£2.40
119. Sweet & Sour Sauce	£2.40
120. Hoi Sin Sauce	£2.80
121. Satay Sauce 🍴	£2.80
122. Roast Chicken (Quarter)	£5.30

Desserts

123. Apple Fritters with Syrup	£4.00
124. Banana Fritters with Syrup	£4.00
125. Deep-fried Mantou - Chinese Steamed Bun (with Condensed Milk)	£4.00

Our Food May Contain The Following

14 Allergens: Celery, Cereals containing Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya Beans, Sulphur Dioxide and Sulphites and Tree Nuts.

If you have any allergies to any of the above food allergens please inform our staff immediately.

Special Set Meals

Meal A1 for one person £13.50

Sweet & Sour Chicken Balls (4)
Roast Pork Curry
Egg Fried Rice

Meal B for two persons or more £18.00 per person

Crispy Seaweed, Spare Ribs
Mini Vegetable Spring Rolls
Chicken & Sweetcorn Soup
Chicken with Lemon Sauce
Roast Pork Cantonese Style
Stir-fried Mixed Vegetables
Special Fried Rice

Family Meal

(Minimum for 2 persons) £22.00 per person
From our special selected menu

Starters

Crispy Seaweed, Spare Ribs
Mini Vegetable Spring Rolls
Satay Chicken on Skewers
Sesame Prawn on Toast

Crispy Aromatic Duck

Main Course

(Choose 2 Dishes) per two persons
(Choose 3 Dishes) per three persons
(Choose 4 Dishes) per four persons
Special Fried Rice

Main course dish must be up to the value of £8.70

All special set meals are offered at a discounted price. Strictly no alterations please.

We also sell cans & big bottles of soft drinks.

Choose from Coke, Diet Coke, Fanta Orange & Sprite.
Can £1.70 • Big Bottle £3.30 (+50p when dining in)

WING SING 榮昇

Telephone Orders Welcome

020 8532 2883 / 020 8989 4275

Free Delivery on All Orders

Minimum spend of £15.00 is required
£3.00 surcharge for any delivery that is 3 miles or over (according to Google Maps)
The management reserve the right to refuse delivery

www.wing-sing.co.uk

We are a Bring Your Own
Bottle of Wine Restaurant
(No Corkage Fee)



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Find us



78 George Lane
South Woodford
London E18 1JJ

Cash ONLY

Sorry! Card Payments are NOT accepted

Mon, Wed, Thurs

12:00p.m. - 2:15p.m.
5:00p.m. - 10:30p.m.

Tuesday

Closed

Friday & Saturday

12:00p.m. - 2:15p.m.
5:00p.m. - 11:00p.m.

Sunday & Bank Holidays

5:00p.m. - 10:30p.m.